



GENERAL CONSTRUCTORS, INC.

"The Preferred Contractor"

# The General Safety

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## YOUR SAFETY COMMITTEE

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General Constructors is committed to a safety process that eliminates workplace accidents and injuries by actively educating and engaging our Co-workers in the identification, prevention and correction of unsafe conditions and risky behaviors on our projects.

## SAFETY GOALS

- Zero Lost Time Injuries
- EMR Less Than .80
- Incident Rate less than 2.0

## 2019 Score

Recordables: 1  
Last Recordable:  
1/29/2019

39 Days Since last  
incident

Hours worked 2019  
27,936 (through  
February 2019)

2019: TRIR: 7.16  
2018: TRIR: 5.85

## Electrical Safety Should be one of your top Priorities

In January, this article mentioned the Pareto principal, or the 80/20 rule. Related to construction safety, 80% of incidents come from 20% of the known hazards.

This month we are going to discuss another topic of the OSHA Focus 4, Electrical Safety.

Some things to consider regarding electrical safety include:

- Always use a GFCI and test the GFCI to make sure it works
- Always inspect electrical cords prior to use, if a cord is not in proper condition remove from service
- Ensure that your plug ins are grounded
- When unplugging your power, go to the plug and pull it out of the outlet, do not pull the cord
- Make sure your cords are heavy duty enough for the job to be done



- If/when you have temporary power, do not block the electrical panels
- All electrical boxes shall have all holes filled and shall have a door closing off the box from the general public
- Do not run electrical cords over sharp edges or through doors or windows
- Do not hang cords with items that conduct electricity.

These are a few tips for your safety. Thanks

Adam Pairrett, Keith Krueger, Brian Brunat, Jeff Gordon, Kevin Benedict, Brian Easley (2), Ernesto Alvarez, Elijo Reyna, Paul Thomson, Eric Larson, Mark Wakefield, Andrew Lower, Christopher Dillin, Doug Seals