



GENERAL CONSTRUCTORS, INC.

"The Preferred Contractor"

# The General Safety

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www.generalconstructors.com

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## YOUR SAFETY COMMITTEE

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- Nick Mitton
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General Constructors is committed to a safety process that eliminates workplace accidents and injuries by actively educating and engaging our Co-workers in the identification, prevention and correction of unsafe conditions and risky behaviors on our projects.

### SAFETY GOALS

- Zero Lost Time Injuries
- EMR Less Than .80
- Incident Rate less than 2.0

### 2019 Score

Recordables: 1  
Last Recordable:  
1/29/2019

15 Days Since last  
incident

Hours worked 2019  
15,882 (through January  
2019)

2019: TRIR: 12.59  
2018: TRIR: 5.85

## Tips for Safety while working in Winter Weather

Mother Nature has sure provided challenges for construction work this winter; including sub-arctic temperatures and tremendous winds.

Aside from temperature and the wind, there are several additional hazards that need to be considered to work safely.

Employers should be working to minimize slips, trips and falls on construction sites. To prevent slips, trips and falls snow and ice should be cleared from the walking surfaces and spread deicer as quickly as possible following a winter storm.

When walking on snow or ice is unavoidable, then workers should be trained in how to properly navigate these surfaces.

- Wear footwear that has good traction and insulation
- Take short steps and walk at a slower pace to react quickly to surface changes



Additional precautions that need to be taken when removing snow include:

- Plan for safe work when removing snow at an elevated height.
- Ensure that ladders are used safely and set up on a proper surface.
- Use extreme caution when working near power lines
- Prevent harmful exposure to cold temperatures and physical exertion.

You should always be planning safety into your day. Thank you!

Troy Sheldon, Brian Brunat, Scott Faulkner, Peter Stumpf (2), Steph Copeland, Justin Henson, Tony Bopes, Nick Mitton, Chad Johnson, David Fulkerson, Ernesto Alvarez, Mike Hannan